

Parents Guidelines - Code of Conduct

Remember, children are involved in sport for their enjoyment and achievement not yours.

Be realistic about your child's abilities. Do not over expect. Much harm can be done when children constantly fall short of parent's expectations.

Teach your child that honest effort is as important as victory, so that the results of each race are accepted without undue disappointment. A "Personal Best" (PB) can be as big an achievement as a gold medal.

Teach your child good sportsmanship, never ridicule or shout at your child for making a mistake or losing a race. Be positive and don't show disappointment.

Remember that children can learn from example. Applaud good performance by other swimmers for the club and other clubs

Recognise the value and importance of volunteer coaches and poolside staff. Do not undermine them. They give their time and resource to provide recreational activity for your child.

Be encouraging to your child but not coach him or her. A little knowledge is dangerous. The coaches are there to do the coaching and selecting. If you think there is a problem speak to the coach first.

The coaching staffs are trying to make your child into the best swimmers they can be. Please remember this.

Be positive about the club and how it works. It is rarely the swimmer that moans, the club operates for them not the parents. If you see problems in the club, approach a Committee member and get involved with sorting out the problems. Don't just sit around moaning about them.

Rumours and gossip can only hinder the progress of the club. Please do not get involved in this type of behaviour.

If you have questions for the coach then please ask him/her at the end of training

Never try to catch the coach as he/she is going onto the poolside or whilst he/she is coaching