

## **COACHES REPORT – NOVEMBER 2008**

**THIS MONTH SAW CASA COMPETE IN THE NEWLY NAMED NATIONAL SWIMMING LEAGUE. THE A TEAM TRAVELLED TO PETERBOROUGH WHERE THEY CAME A CREDITABLE 3<sup>RD</sup> AGAINST SOME TOUGH OPPOSITION. IN THE NEXT ROUND THEY MUST COME 2<sup>ND</sup> TO STAND A CHANCE OF MAKING THE FINAL IN COVENTRY. THE B TEAM TRAVELLED TO NOTTINGHAM WHERE THEY CAME 5<sup>TH</sup>. THEY WILL TRAVEL TO PETERBOROUGH FOR THE 2<sup>ND</sup> ROUND. I WAS EXTREMELY PLEASED WITH THE PERFORMANCES OF THE ANCHOR SWIMMERS WHO GAINED A SUBSTANTIAL AMOUNT OF PB'S BETWEEN THEM.**

**LAST WEEKEND SAW JASMINE AND LAUREN COMPETE AT THE NECASA WINTER DISTRICT SHORT COURSE MEET HELD IN DURHAM. BOTH GIRLS SWAM REALLY WELL PB ING IN NEARLY EVERY EVENT. NEXT YEARS NATIONAL QUALIFYING TIMES HAVE JUST BEEN PUBLISHED AND I AM ENCOURAGED BY HOW CLOSE BOTH GIRLS ARE AT SUCH AN EARLY STAGE IN THE SEASON.**

**THE WEEKEND ALSO SAW ANCHOR SWIMMERS COMPETE AT THE BARNSELY MINOR OPEN. AT THE TIME OF WRITING I DON'T HAVE A SET OF RESULTS THEREFORE I WILL GIVE MORE DETAILS IN MY NEXT REPORT.**

**WITH REGARD TO OPEN MEETS, FROM NOW ON ANY SWIMMER OF COUNTY STANDARD AND ABOVE WILL ONLY ENTER MEETS SELECTED BY MYSELF. IF YOU ARE IN ANY DOUBT, PLEASE COME AND TALK TO ME.**

**DAVE LEEMAN – HEAD COACH NOV 08**