

# **COACHES REPORT – MARCH 2006.**

## **COMPETITION REPORT.**

THE END OF FEBRUARY AND THE BEGINNING OF MARCH SAW US ATENDING THIS YEARS AGE GROUPS AT LEEDS AND PONDS FORGE. WE HAD 19 SWIMMERS COMPETING. OUT OF 98 SWIMS WE HAD 25 LONG COURSE PB'S, 38 SHORT COURSE PB'S, 14 NEW LONG COURSE TIMES AND 4 CLUB RECORDS. I FEEL THIS IS A REASONABLE START TO MY FIRST 6 MONTHS AT THE CLUB AND I NOW HAVE A TARGET TO IMPROVE UPON FOR NEXT YEAR – MY AIM IS TO GET MORE OF OUR JUNIORS TO THE COUNTIES NEXT YEAR.

## **TRAINING REPORT.**

I AM PLEASED TO SEE THAT WE ARE ATTRACTING NEW SWIMMERS FROM THE SWIM LINCS PROGRAM INCLUDING A 9 YEAR OLD BOY. FINALLY!!! WE REALLY NEED TO ATTRACT MORE JUNIOR BOYS AND I AM HOPING TO DO THIS AT THE SWIM CAMP ON THE 8<sup>TH</sup> APRIL. WITH THIS IN MIND AS POOL TIME AND SPACE IS LIMITED, WE ONLY WANT NEW MEMBERS WHO ARE PREPARED TO COME ON A REGULAR BASIS, WORK HARD AND ARE PREPARED TO REPRESENT THE CLUB IN COMPETITION IF SELECTED.

TRAINING IS CONTINUING TO GO WELL AND I WILL CONTINUE TO INTRODUCE NEW IDEAS TO ENHANCE MY PROGRAM. WE WILL DO MORE STARTS AND TURNS AND IT IS IMPORTANT FOR US TO PUT AS MANY JUNIORS THROUGH THEIR COMPETITIVE START AWARD BEFORE THE NEXT ROUND OF THE JUNIOR LEAGUE.

## **FINALLY.**

I CONTINUE TO REMAIN POSITIVE FOR THE FUTURE AND AM LOOKING FORWARD TO THE NEXT ROUNDS OF THE LINCS AND JUNIOR LEAGUES WHEN I FEEL THAT WE WILL BE BETTER PREPARED WITH MORE AGE GAPS FILLED. I WILL ALSO BE COACHING AT ENERDALE FOR THE WEEKEND WHERE I HOPE WE CAN INCREASE OUR NUMBER OF DISTRICT QUALIFIERS.

DAVE LEEMAN – HEAD COACH  
MARCH 06