

COACHES REPORT – JAN / FEB 2008

THE FINAL COMPETITION OF 2007 WAS THE SPEEDO LEAGUE. BOTH TEAMS FINISHED ON A HIGH BY WINNING THEIR RESPECTIVE GALAS. THE A TEAM WON THE LEAGUE GAINING PROMOTION TO THE PREMIER DIVISION AND THE B TEAM CAME IN THE TOP 10. EVERYONE WHO SWAM IN THE LEAGUE GAVE 100% AND THE TEAM SPIRIT WAS BRILLIANT.

2008 BEGAN WITH THE BOSTON OPEN MEET AT GRANTHAM. THIS WAS DONE AS CASA AND PRODUCED 42 PB'S AND 3 CLUB RECORDS. 2 FOR JASMINE KIRK AND 1 FOR LAUREN YORK. CONSIDERING MOST OF OUR SWIMMERS HAD 2 WEEKS OFF TRAINING, THIS RESULT WAS ENCOURAGING.

2 WEEKS LATER ANCHOR SWIMMERS COMPETED AT THE ROTHERHAM METRO MEET AT PONDS FORGE. OVER THE WEEKEND WE HAD 62 LONG COURSE PB'S WITH LAUREN YORK BREAKING ANOTHER CLUB RECORD. ALSO FOR THE 2ND YEAR RUNNING SHE MISSED OUT ON TOP GIRL BY 1 POINT. NEXT YEAR WE WILL TARGET THIS EVENT INSTEAD OF THE BOSTON MEET.

THE END OF JANUARY SAW ANCHOR HOLD THE ANNUAL JAMES LORMAR GALA. IT GAVE US A CHANCE TO SHOW OFF OUR NEW TIMING SYSTEM AND IT WORKED PERFECTLY. IT HELPED THE GALA RUN SMOOTHLY AND I WOULD LIKE TO THANK ALL THOSE VOLUNTEERS WHO MADE THIS HAPPEN. WE HAD 22 PB'S AND CAME 2ND.

ON THE SAME WEEKEND WE HAD A NUMBER OF SWIMMERS COMPETING AT THE HARROGATE OPEN PROVIDING US WITH YET MORE PB'S

THE FINAL COMPETITION OF THIS PERIOD WAS THE JUNIOR / SENIOR CHAMPS HELD AT THE NEW POOL AT LEEDS. LAST YEAR WE BARELY HAD ANY QUALIFIERS SO WE DIDN'T ATTEND. THIS YEAR THE EVENT WAS DONE AS CASA WITH ANCHOR SUPPLYING 9 OUT OF THE 19 SWIMMERS COMPETING. 4 MORE ANCHOR SWIMMERS MADE THE QUALIFYING TIMES BUT WERE UNABLE TO ATTEND. THE WEEKEND WAS A COMPLETE SUCCESS WITH 33 LONG COURSE PB'S AND 7 CLUB RECORDS. 1 FOR BECKY

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MOORE, LAUREN YORK AND AISLEY LEEMAN AND 3 FOR JASMINE KIRK. MAKING 11 NEW CLUB RECORDS IN UNDER 4 WEEKS. MORE IMPORTANTLY CASA PRODUCED 5 SENIOR COUNTY FINALISTS. JASMINE AND LAUREN IN THE 50M BREASTSTROKE, AISLEY IN THE 50 FREESTYLE AND LEAH ALTOFT IN THE 400 IM AND 200 BREASTSTROKE. ALL SWIMMERS PB'D IN THE FINAL AND FINISHED HIGHER THAN THEIR SEEDED PLACES. I HOPE WE CAN TAKE THIS SUCCESS INTO THE FORTHCOMING COUNTY AGE GROUPS.

AS HEAD COACH I FEEL THAT WE HAVE MADE A SUPERB START TO 2008 AND I HOPE THAT IT CAN CONTINUE THROUGH OUT THE YEAR. IT IS IMPORTANT THAT EVERYONE SUPPORTS THE PROGRAM AND WORKS TOGETHER TO MAKE IT A SUCCESS.

DAVE LEEMAN – HEAD COACH - FEB 2008